

INFLUENZA

PREVENTION IN CHILDREN

Influenza is a serious cause of illness in children.



Children 5 years of age and younger are at high risk of influenza-associated complications and hospitalization.



Influenza is more severe in children under 2 years of age and in children with chronic health conditions such as heart, lung or neurological problems.

ANNUAL IMMUNIZATION IS AN EFFECTIVE AND SAFE WAY TO LOWER YOUR CHILD'S INFLUENZA RISK.



Does your child need 2 doses?

Children 6 months through 9 years of age who are immunized for the first time require 2 doses to be fully protected.



Talk to your doctor, nurse, pharmacist or local public health office about immunizing your child against influenza.

References:

Schanzer DL, Langley JM, Tam TW. Hospitalization Attributable to Influenza and Other Viral Respiratory Illnesses in Canadian Children. *Journal of Pediatric Infectious Diseases*. 2006; 25(9): p795-800.

Moore DL, Vaudry W, Scheifele DW, et al. Surveillance for Influenza Admissions Among Children Hospitalized in Canadian Immunization Monitoring Program Active Centers. *Pediatrics*. 2006; 118 (3): p e610-9.

National Advisory Committee on Immunization (NACI). Canadian Immunization Guide Chapter on Influenza and Statement on Seasonal Influenza Vaccine for 2019-2020. <https://www.canada.ca/en/public-health/services/publications/vaccines-immunization/canadian-immunization-guide-statement-seasonal-influenza-vaccine-2019-2020.html>